

Upcoming Yoga Classes

April 10

Yoga Nidra with Annette
1pm EST / 18:00 BST

April 17

Sound Bath Meditation with Tasia
1pm EST / 18:00 BST

April 24

Restorative Flow with Tasia
1pm EST / 18:00 BST



About Annette

Based in NYC, Annette Vetere is currently a 500-Hour E-RYT/YACEP certified with Yoga Alliance.

She has been practicing yoga for over 10 years and heading in the direction of becoming a Yoga Therapist.

